

朝陽科技大學 099學年度第2學期教學大綱
Introduction to Classics of Mind 心靈經典導讀

當期課號	9079	Course Number	9079
授課教師	宋定莉	Instructor	
中文課名	心靈經典導讀	Course Name	Introduction to Classics of Mind
開課單位	哲學與生命教育課群(進)	Department	
修習別	選擇必修	Required/Elective	Topics in Philosophy and Life Education
學分數	2	Credits	2
課程目標	透過各種重要文獻(如哲學文學心理)之導讀，以引導學生深刻地理解人類各偉大心靈之人格典範，並期能藉之深化其內在心靈，建構自我之價值觀與世界觀，進而身體力行培養高尚之人格	Objectives	Through the reading of important classics ,such as, phiosphy ,literature,psychology,etc. the student will realize the major thought of classics which will also help them to build up a right value and cultivate their humanity spirit.
教材	上課講義	Teaching Materials	copy of textbook
成績評量方式	期中33% 期末33% 平時34% 平時是以點名之出席率為依據 但如點名之次數太少 則會以不同之評比計算	Grading	usual 34% mid 33% final 33% It can change and depend on the absent of students.
教師網頁	http://lms.ctl.cyut.edu.tw/course_login.php?courseID=15523&backUrl=%2Fcourse%2F15523		
教學內容	本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合為背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生面選擇之自主性,並涵育其健全之人格.	Syllabus	This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this curriun: By way of the integration of existentialism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life" We expect it would culture pupils personality and exert their autonomy.

尊重智慧財產權，請勿非法影印。