朝陽科技大學 099學年度第2學期教學大綱
Concepts of Chinese Medicine in the Elderly 老人中醫藥養生概論

當期課號	2316	Course Number	2316
授課教師	張宏祺	Instructor	Chang,Hung Chi
中文課名	老人中醫藥養生概論	Course Name	Concepts of Chinese Medicine in the Elderly
開課單位	老人服務事業管理系(四日)二A	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	1.學習中醫藥養生。 2.學習正確之用藥常識及其副作用。 3.瞭解基本用藥常識，並學會實際應用於日常生活中。	Objectives	1. The objective of this course to study the Chinese medicine in the elderly. 2. Study the correct knowledge of using Chinese medicine and side effect. 3. Understand the basic general knowledge of using Chinese medicines, and can apply to daily life actually .
教材	中醫學基礎, 啓業書局 中藥臨床應用, 啓業書局 中藥方劑常用圖典, 三采文化	Teaching Materials	The basis of Chinese medicine 中醫學基礎, 啓業書局 中藥臨床應用, 啓業書局 中藥方劑常用圖典, 三采文化
成績評量方式	1.出席 20% 2.期中考 30% 3.期末考 30% 4.隨堂測驗 20%	Grading	1.Participation: 20% 2.Midterm Exam.: 30% 3.Terminal Exam.: 30% 4.In-class Exam.: 20%
教師網頁	_		
教學內容	認識中醫藥的基礎概念, 及藥食同源的運用, 本課程將介紹我國中醫藥的歷史與常用中藥之使用於日常生活中, 學習藥材辨識 包括有中醫基礎認識, 常用中藥認識與使用	Syllabus	“Medication and food have the same origin” is one of the most important concepts of traditional Chinese medicine (TCM). In this course, you will study basic of Chinese medicine and how to use crude drugs in daily life. The general introduction gives a full explanation of the basic knowledge of the history, classification, contraindications and important tips of dietetic therapy. These include the origins of Chinese medicine, characteristics, classification, pay attention to issues such basic common sense and common traditional Chinese medicine.

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