朝陽科技大學 099學年度第2學期教學大綱
Philosophy of Life 人生哲學

當期課號	0176	Course Number	0176
授課教師	張宗曙	Instructor	,
中文課名	人生哲學	Course Name	Philosophy of Life
開課單位	哲學與生命教育課群(日)	Department	
修習別	選擇必修	Required/Elective	Topics in Philosophy and Life Education
學分數	2	Credits	2
課程目標	透過對各大思想學派的研讀及人生課題的解析，爲人生確立安心、安身、安業、安家的理論基礎。	Objectives	This course, via reading great thinkers and examining significant life issues, aims to theorize assurances for mind, body, vocation, and family.
教材	1.《蘇菲的世界》，Jostein Gaarder著/蕭寶森譯，智庫文化 2.《小王子》，Antoine Saint Exupery著/李思譯，寂天文化	Teaching Materials	1. The Sophie's World, by Jostein Gaarder 2. The Little Prince, by Antoine Saint Exupery
成績評量方式	出席及上課表現50%、期中及期末考試或作業50%	Grading	Homework and report – 50% Class attendance and discussion – 50%
教師網頁			
教學內容	以輕鬆活潑的哲學對話，推動知識的分享與生命的交流，藉此對於生命的意義與人生的價值建立積極及深層的體認，並對自己的生命狀況做出澄清與修正 - 用心參與生命，積極活在當下，許自己一個充滿契機的未來 以《蘇菲的世界》爲主軸，學習運用哲學的思維，建立理性的人生觀，能有廣度的視野及深度的洞察力去探索「生命」的問題。並配合導讀《小王子》，細心咀嚼書中主角的生命旅程及遭遇，藉此反省自己的人生觀與價值觀。	Syllabus	This course aims to activate knowledge and life through vividly philosophical discussion and conversation. Let students understand why did Socrates emphasize "Know thyself!", through understanding and clearing life attitude, students are encouraged to establish a positive live – living a valuable present and looking for a meaning future. By reading The Sophie's World and The Little Prince, students are guided to use philosophical thought to establish rational view of life and to explore life with wider and deeper insight.

尊重智慧財產權，請勿非法影印。