朝陽科技大學 099學年度第2學期教學大綱
Medicine and Life 醫學與生活

當期課號	0141	Course Number	0141
授課教師	吳三源	Instructor	Wu,San Yuan
中文課名	醫學與生活	Course Name	Medicine and Life
開課單位	自然與科技發展課群(日)	Department	
修習別	選擇必修	Required/Elective	Topics in Natural and the? Development of Sciences
學分數	2	Credits	2
課程目標	本課程乃針對非醫學院或與醫療未曾接觸過之學生所設計，以淺顯的方式介紹人體中重要器官並簡單介紹生活中常見之疾病。	Objectives	This course is set for non-medical students and teaches basic knowledge of some important organs of the human body and their functions.
教材	自編教材、投影片、DVD或錄影教學片	Teaching Materials	using hand out,slides、DVD or Video tape
成績評量方式	平時出缺席與上課互動狀況 40% 期中成績 30% 期末成績 30%	Grading	Attendance and participation: 40% Midterm exam 30% Final exam 30%
教師網頁			
教學內容	由日常生活常見的健康問題切入，建立學生們正確並完整的醫學概念，培養他們將來能具備自理一般健康狀態的能力，以及生病時有個正確的就醫觀念。課程安排如下： 1.課程簡介 2.健康概論 3.由青春痘談臉部保養 4.漫談過敏性鼻炎與氣喘 5.從毒奶粉事件談食品安全 6.胃食道逆流症 7.漫談肥胖症與減重的正確觀念 8.高血壓與心臟病 9.肝炎與肝癌 10.漫談頭痛 11.談運動與保健 12.由醫學觀點談男女之間的事 13.漫談糖尿病 14.談癌症預防 15.談熱傷害(中暑)	Syllabus	starting from common everyday health care conditions, all the participants in this course may build correct and comprehensive concepts in health care so that they may substantiate the confidence and ability to maintaining a healthy life for themselves , and have a right concept when seeking for medical care. The following topics are included in class lectures: 1.Course Description 2.The fundamental Concepts of Health 3.From acne to face care 4.Allergic rhinitis and Asthma 5.From the events of toxic milk powder to Food Safety 6.The gastroesophageal reflux disease 7.Obesity and Correct Concepts of Weight Control 8.Hypertension and Heart Diseases 9.Hepatitis and Hepatoma 10.Headache 11.Sports and Health care 12.Subjects between male and female in the the medical perspective 13.Diabetes mellitus 14.Introduction to Cancer Prevention 15.Heat Injury

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