# 朝陽科技大學 099學年度第1學期教學大綱
# Psychology 心理學

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| 當期課號 | 2269 | Course Number | 2269 |
| 授課教師 | 李克明 | Instructor | LEE,KEH MING |
| 中文課名 | 心理學 | Course Name | Psychology |
| 開課單位 | 社會工作系(四日)一A | Department | |
| 修習別 | 必修 | Required/Elective | Required |
| 學分數 | 2 | Credits | 2 |
| 課程目標 | 1.明瞭心理學的原理、原則及其內涵。 2.懂得心理學的應用，增進自我了解，調適現代生活。 | Objectives | 1.To understand the theories and principles of psychology and it's content. 2.To know how to apply psychological theories and principles to promote students' self-understanding and their adjustments to modern life. |
| 教材 | 1.張春興(2009)：現代心理學(重修版)。台北：東華書局。<br>2.相關補充資料 | Teaching Materials | 1.Chang, C. S.(2009). Contemporary psychology(Revised ed.)。Taipei：Tonghua。<br>2.Other supplementary materials。 |
| 成績評量方式 | 1.作業與課堂討論,20%<br>2.隨堂小考,60%<br>3.期末考試,20% | Grading | 1.Assignments and class discussion,20%<br>2.Quiz,60%<br>3.Final exam,20% |
| 教師網頁 | | | |
| 教學內容 | 本課程以有關個體行爲的理論與實際應用爲主要內容，特別強調與人類有關的心理、社會、環境等層面的主題。授課重點包括動作與行爲的基礎、感覺與知覺歷程、意識、學習與記憶理論、思考與問題解決，以增進對自我的了解，並培養適應生活環境的能力。 | Syllabus | The major contents of this course are about theories and practice of individual behavior. The psychological, social, and environmental aspects related to human beings are the most emphasized. The main topics include foundation of action and behavior, sensory and perceptual process, consciousness, theories of learning and memory, thinking and problem solvong. The goal is to enhance self-understanding, and cultivate the ability to adapt oneself to circumstances. |

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