朝陽科技大學 099學年度第1學期教學大綱
Career Planning 生涯規劃

當期課號	2244	Course Number	2244
授課教師	謝京含	Instructor	Hsieh,Ching Han
中文課名	生涯規劃	Course Name	Career Planning
開課單位	幼兒保育系(四日)三B	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	協助幼兒教保人員瞭解幼教生涯規劃的實質意義,探討生涯中的人生主題,並提供自我探索的機會,使學生瞭解自己的特質及需求,進而建構一個現實與理想兼顧的人生目標,踏實地面對自己的幼教職涯生活並追求自己的夢想	Objectives	To assist students in understanding the meaning of young children's education career and career planning and accomplishing their career goals. First, to help students assesment their personality,ablity and values for enhancing self-awareness ,and to discuss the issues of career. Finally, students could have their own dreams and pursue their dreams for the meaning of their life.
教材	1. 生涯規劃 李鴻章 台北：華騰文化 2. 生涯規劃 洪鳳儀 台北：揚智文化 3. 其他自編教材	Teaching Materials	Career Planning
成績評量方式	1.上課參與10% 2.平時作業(自傳及SWOT分析)20% 3.分組報告30 % 4.個人書面報告(個人檔案) 40 %	Grading	1.Participation (10%) 2.Personal work (20%) 3.Group work (30%) 4.Final work (40%)
教師網頁	_		
教學內容	本課程主要幫助學生從了解自我開始，以規劃大學生活；並從升學與就業兩個面向加以討論，升學方面包括如何學習、進修與升學的問題，就業方面包括工作的選擇、就業市場分析、應徵技巧、自傳、履歷等問題；進而針對人際關係、兩性與愛情、生活與休閒、工作價值觀等問題加以討論。	Syllabus	This program is mainly designed to let students understand themselves in order to plan for their university lives. It discusses on both further education and careers. For further education it includes learning, making advancement and applying for careers. Future jobs include choices of the jobs, jobs' environment analysis, interview techniques, personal statement and person's curriculum vitae etc…: Overall, it emphasizes on relationship, sex and love, life and leisure, work values etc…

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