朝陽科技大學 099學年度第1學期教學大綱
Career Planning 生涯規劃

當期課號	2235	Course Number	2235
授課教師	林鴻璋	Instructor	HONG,CHANG LIN
中文課名	生涯規劃	Course Name	Career Planning
開課單位	幼兒保育系(四日)三A	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	協助幼兒教保人員瞭解幼教生涯規劃的實質意義,探討生涯中的人生主題,並提供自我探索的機會,使學生瞭解自己的特質及需求,進而建構一個現實與理想兼顧的人生目標,踏實地面對自己的幼教職涯生活並追求自己的夢想	Objectives	To assist students in understanding the meaning of young children's education career and career planning and accomplishing their career goals. First, to help students assesment their personality,ablity and values for enhancing self-awareness ,and to discuss the issues of career. Finally, students could have their own dreams and pursue their dreams for the meaning of their life.
教材	自編講義 １.江文雄（1999）。生涯規劃──活出快樂人生。台北：師大書苑。 ２.余朝權（1994）。生涯規劃技巧。台北：長程。 ３.吳芝儀譯（1996）。生涯發展的理論與實務。台北：揚智。	Teaching Materials	theacher's handouts
成績評量方式	1.上課參與/出席20% 2.平時作業(自傳及SWOT分析)20% 3.分組口頭報告30 % 4.個人書面報告(個人檔案)30 %	Grading	1.Class participation and attendance 20% 2. Assignments (Resume and SWOT analysis)20% 3. Presentation 30% 4. Survey & Personal synthesis report (Personal record) 30%
教師網頁			
教學內容	1.瞭解生涯規劃基本概念 2.認識個人與生涯前程發展之關係 3.認識自我及SWOT分析4.學習建立良好人際關係 5.升學與就業，求職與考試6.幼保職場生活體認追求高品質的工作發展與遠景 7.成功者典範。	Syllabus	1. To understand the basic concept of career planning. 2. To learn the relationship between individual and career development. 3. To know oneself and SWOT analysis. 4. Having good interpersonal relationship. 5. Further study and getting employment; job seeking and examination. 6. To learn the skills of and the preparation of getting employment to be on the way to success. 7. Success seniors.

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