朝陽科技大學 099學年度第1學期教學大綱
Humanistic Thought and Life Growth 人文思想與生命成長

當期課號	0143	Course Number	0143
授課教師	宋定莉	Instructor	
中文課名	人文思想與生命成長	Course Name	Humanistic Thought and Life Growth
開課單位	哲學與生命教育課群(日)	Department	
修習別	選擇必修	Required/Elective	Topics in Philosophy and Life Education
學分數	2	Credits	2
課程目標	本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合爲背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生面選擇之自主性,並涵育其健全之人格.	Objectives	This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this currium: By way of the integration of existenalism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life" We expect it would culture pupils personality and exert their autonomy.
教材	上課講義	Teaching Materials	copy of textbook
成績評量方式	期中25% 期末25% 平時25% 出席率25% 不過會因有無期中考試及上課點名次數而進行調整	Grading	usual 25% mid 25% final 25% class performance 25%
教師網頁	http://lms.ctl.cyut.edu.tw/2008223		
教學內容	本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合爲背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生面選擇之自主性,並涵育其健全之人格	Syllabus	This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this currium: By way of the integration of existenalism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life" We expect it would culture pupils personality and exert their autonomy.

尊重智慧財產權，請勿非法影印。