

朝陽科技大學 098學年度第2學期教學大綱
Sports analysis 運動賞析

當期課號	3321	Course Number	3321
授課教師	陳人維	Instructor	CHEN,JEN WEI
中文課名	運動賞析	Course Name	Sports analysis
開課單位	休閒事業管理系(四進)－A	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	體育運動不僅是國家整體力量的指標，也是提升國民健康重要環節；藉由本課程的介紹與影片欣賞、分析與討論後，除可幫助學生瞭解各項運動休閒的比賽規則與效益外，亦可激發學生藉由參與規律的運動休閒活動來擴展合諧人際關係和增進個體健康。	Objectives	Sports are not only the index of overall national power, but also an important part to promote nationals' health; by means of the introduction of the curriculum, the film appreciation, analysis, and discussion, we can help students to understand the competition rules and benefits of all kinds of sports and leisure, as well as inspire students to take part in regular sports and leisure activities to expand the harmonious interpersonal relationship and increase an individual's health.
教材	1. 上課講義與影片 2. Coakley, J. (2004). Sports in society: Issues and controversies (8th ed.). New York: McGraw-Hill. 3. Maguire, J., Jarvie, G., Mansfield, L., & Bradley, J. (2002). Sport worlds: A sociological perspective. Champaign, IL: Human Kinetics.	Teaching Materials	1. Handout and Videos. 2. Coakley, J. (2004). Sports in society: Issues and controversies (8th ed.). New York: McGraw-Hill. 3. Maguire, J., Jarvie, G., Mansfield, L., & Bradley, J. (2002). Sport worlds: A sociological perspective. Champaign, IL: Human Kinetics.
成績評量方式	1. 課堂影片賞析報告(30%)。 2. 分組影片賞析報告(30%)。 3. 運動比賽觀賞與報告(20%)。 4. 課堂出席(20%)。	Grading	1. Video analysis report I (30%). 2. Video analysis report II (30%). 3. Viewing Sports Competition and Writing Reports (20%). 4. Class participation (20%).
教師網頁	-		
教學內容	1.課程內容介紹與注意事項說明。 2.影片觀賞(運動與教育):Coach Carter。 3.影片討論與評論:Coach Carter。 4.影片觀賞與討論(運動與種族衝突):衝鋒陷陣。 5.影片觀賞與討論(中國武術精神):葉問。 6.影片觀賞與討論(基層教練的心路歷程):翻滾吧!男孩。 7.影片觀賞與討論(運動與愛情):網住愛情。 8.影片觀賞與討論(極限運動):限制級戰警。 9.影片觀賞與討論(運動與單車休閒):練習曲。 10.影片分享(小組一)。 11.影片分享(小組二)。 12.影片分享(小組三)。 13.影片分享(小組四)。 14.影片分享(小組五)。 15.影片分享(小組六)。 16.球賽觀賞與報告發表(I)。 17.球賽觀賞與報告發表(II)。 18.期末總結。	Syllabus	1.Introduction the subjects of this course and give syllabus to students. 2. Video watching session (I) 3. Video analysis session (I) 4. Video watching and discussion session (II) 5. Video watching and discussion session (III) 6. Video watching and discussion session (IV) 7. Video watching and discussion session (V) 8. Video watching and discussion session (VI) 9. Video sharing session (Group I) 10. Video sharing session (Group I) 11. Video sharing session (Group II) 12. Video sharing session (Group III) 13. Video sharing session (Group IV) 14. Video sharing session (Group V) 15. Video sharing session (Group VI) 16. Viewing Sports Competition and Reports Presentation (I) 17. Viewing Sports Competition and Reports Presentation (II) 18. Final discussion.