朝陽科技大學 098學年度第1學期教學大綱
Swimming 游泳

當期課號	1554	Course Number	1554
授課教師	張瑞興	Instructor	CHANG,JUI HSING
中文課名	游泳	Course Name	Swimming
開課單位	休閒事業管理系(四日)三B	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	1.適應水性 2.培養學生在水中求生技能 3.培養肢體動作之協調性,促進身心均衡發展	Objectives	1.Adaptation to water. 2.To train student's ability to survive in the water. 3.Training the coordination of body movement and improving develop balanced of physical and mental health.
教材	自編講義	Teaching Materials	Self material.
成績評量方式	出席率 30% 期中測試 30% 期末測試 40%	Grading	attendace 30% Mid-term Exam. 30% Final Exam. 40%
教師網頁	http://www.cyut.edu.tw/~leisure/		
教學內容	1.適應水性 2.培養學生在水中求生技能 3.培養肢體動作之協調性,促進身心均衡發展	Syllabus	1.Adaptation to water. 2.To train student's ability to survive in the water. 3.Training the coordination of body movement and improving develop balanced of physical and mental health.

尊重智慧財產權，請勿非法影印。