

朝陽科技大學 097學年度第2學期教學大綱
Sports analysis 運動賞析

當期課號	3250	Course Number	3250
授課教師	洪至祥	Instructor	Hung,Chih Hsiang
中文課名	運動賞析	Course Name	Sports analysis
開課單位	休閒事業管理系(四進)—A	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	體育運動不僅是國家整體力量的指標，也是提升國民健康重要環節；藉由本課程的介紹與影片欣賞、分析與討論後，除可幫助學生瞭解各項運動休閒的比賽規則與效益外，亦可激發學生藉由參與規律的運動休閒活動來擴展合諧人際關係和增進個體健康。	Objectives	Sports are not only the index of overall national power, but also an important part to promote nationals' health; by means of the introduction of the curriculum, the film appreciation, analysis, and discussion, we can help students to understand the competition rules and benefits of all kinds of sports and leisure, as well as inspire students to take part in regular sports and leisure activities to expand the harmonious interpersonal relationship and increase an individual's health.
教材	運動相關影片	Teaching Materials	Film about sport
成績評量方式	課程參與 30% 個人報告 40% 團體報告 30%	Grading	Participation 30% Individual Paper 40% Group Paper 30%
教師網頁	-		
教學內容	藉由欣賞運動相關影片及分組的討論，增進學生對運動的認知及參與運動的動機。	Syllabus	By means of the the sport film appreciation, analysis, and group discussion, to enhance the understanding about sport and the motivation to participate in sport.

尊重智慧財產權，請勿非法影印。