朝陽科技大學 097學年度第2學期教學大綱
Humanistic Thought and Life Growth 人文思想與生命成長

當期課號	0201	Course Number	0201
授課教師	宋定莉	Instructor	
中文課名	人文思想與生命成長	Course Name	Humanistic Thought and Life Growth
開課單位	哲學與生命教育課群(日)	Department	
修習別	選擇必修	Required/Elective	Topics in Philosophy and Life Education
學分數	2	Credits	2
課程目標	本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合爲背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生面選擇之自主性,並涵育其健全之人格.	Objectives	This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this currium: By way of the integration of existenalism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life" We expect it would culture pupils personality and exert their autonomy.
教材	上課講義	Teaching Materials	text book
成績評量方式	期中33% 期末33% 平時33%	Grading	mid 33% final 33% usual33%
教師網頁	_		
教學內容	以人文思想爲主軸 青年身心發展之經典閱讀	Syllabus	development student mind and thought

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