

朝陽科技大學 096學年度第2學期教學大綱
Psychology of the Aged 老人心理學

當期課號	3648	Course Number	3648
授課教師	江信男	Instructor	JIANG,SHINN NAN
中文課名	老人心理學	Course Name	Psychology of the Aged
開課單位	老人服務事業管理系(四進)一A	Department	
修習別	必修	Required/Elective	Required
學分數	2	Credits	2
課程目標	1.建立學生對老人心理的基本概念。 2.使學生能理解及明確述說、分析老人相關心理問題。 3.培養學生關懷老年人之心理調適問題。	Objectives	1.To build the basic concept of psychology of elders in students. 2.To foster students to understand and elaborate correctly in analysis the psychological disturbance of elders. 3.To help students concern the issue of psychological adjustment in elders.
教材	Richard A. Kalish, 張隆順譯 (1986)。老人心理學。台北, 桂冠圖書公司	Teaching Materials	Richard A. Kalish (1986). Late adulthood : perspective on human development. Taipei: Laurel, Inc.
成績評量方式	1. 課堂參與40% 2. 期中考30% 3. 期末考30%	Grading	1.Class participation 40% 2.Mid-term exam 30% 3.Final exam 30%
教師網頁	-		
教學內容	一、人類的老化；研究老年期的目的、定義 老化現象心理學研究方法 老年之人口統計 二、基本的過程與老化：老化因素 感官與心理動作歷程 認知能力與基本需要 老化對個人的意義 三、老化、自我與人格：成人社會化及人格 特質 改變中的自我概念、成功老化、老人期心理疾病 四、關於其他人：對老化與老年人的態度、 老年人的家庭獨立與依賴、朋友與鄰居、老化與民族特性 五、身體與社會環境：面對死亡與物理環境 居住與交通宗教與老 工作與退休對老人的 干預及未來老化	Syllabus	Aging of human being; the aim and definition of research in gerontology The research method in aging psychology The demography profile in elders The basic process of aging: the aging factors The process of sensation and psychological moment Cognitive function and basic need Aging for individual meaning Aging, self-identity and personality: socialization and personality traits The change of self-concept, aging successful and psychology disorder in late adults Significant others: the attitude of aging and elders, and the family of elders Independent versus dependent, friends and neighbor, aging and ethnicity characteristic Body and social environment: facing death and physical environment Residence and traffic Religious and aging Career and retirement The intervention of elders and aging

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