朝陽科技大學 096學年度第2學期教學大綱
Mental Hygiene for Child Care Workers and Professional Ethics 保育人員心理衛生與專業倫理

當期課號	2080	Course Number	2080
授課教師	蘇傳臣	Instructor	,
中文課名	保育人員心理衛生與專業倫理	Course Name	Mental Hygiene for Child Care Workers and Professional Ethics
開課單位	幼兒保育系(四日)二A	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	本課程目的在 1.瞭解保育人員之心理衛生與職業倫理並加強應有的專業素養 2.培養敬業精神並澄清本身的價值觀。包括熟習心理衛生的理論與內涵,體認時代變遷與保育人員角色認知及定位,增進保育人員心理健康與幼保專業成長。強調對保育人員專業的自我認同,了解保育人員的生涯規劃與未來改變趨勢.	Objectives	The purpose of this course include 1.To understand the mental hygiene and professional ethics of Child Care Workers which to enhance their mental health and quality of professions. 2.To develop their enthusiasm in their work and clarify their sense of values. This course will help students establish their correct professional ethics and attitudes in workplace.
教材	教師心理衛生 / 作者：王以仁、陳芳玲、林本喬 (心理出版社)	Teaching Materials	
成績評量方式	1.資料蒐集與分享報告2.隨堂作業3.討論參與4.期中及期末心得報告	Grading	abc
教師網頁	_		
教學內容	動機與需求、角色與壓力、挫折與衝突、焦慮與恐懼、自我防衛、人格異常、人際關係與溝通、生涯發展、感情及休閒生活、做一個身心健全的快樂教師等。	Syllabus	Mental Hygiene for Child Care Workers and Professional Ethics

尊重智慧財產權，請勿非法影印。