# 朝陽科技大學 096學年度第2學期教學大綱
# Health management II 健康管理(二)

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| **當期課號** | 0307 | **Course Number** | 0307 |
| **授課教師** | 施秋娥 | **Instructor** | SHIH,CHIU O |
| **中文課名** | 健康管理(二) | **Course Name** | Health management II |
| **開課單位** | 校訂選修(日間部) | **Department** | |
| **修習別** | 選修 | **Required/Elective** | Elective |
| **學分數** | 2 | **Credits** | 2 |
| **課程目標** | 修畢本課程後<br>1.瞭解現代女性的健康與養生。<br>2.學習健康與養生技巧後付諸實行。<br>3.瞭解健康的重要性，主動推廣到家庭及社區。 | **Objectives** | The purpose of the course include:1.Students know the importance of health then promote that to family and community.2.Student learn health care nursing skill and to practice in their life. |
| **教材** | 期刊、教科書 | **Teaching Materials** | journal；textbook |
| **成績評量方式** | 期中考、期末考各一次：各佔30%<br>出席參與課室討論：各佔20%<br>期中報告20% | **Grading** | midterm、final test:60%<br>To take part in class:20%<br>report:20% |
| **教師網頁** | | | |
| **教學內容** | 1.緊急事故處理<br>2.壓力與適應<br>4.乳房的照護<br>5.慢性病的照護<br>6.安寧照護 | **Syllabus** | management of emergency.<br>stress and adaptation.<br>Nursing care of breast.<br>nursing care of chronic disease |

尊重智慧財產權，請勿非法影印。