朝陽科技大學 096學年度第1學期教學大綱
Physical and Play And Activity for Young Children 幼兒體能與遊戲

當期課號	8016	Course Number	8016
授課教師	吳雅芳	Instructor	WU,YANG FANG
中文課名	幼兒體能與遊戲	Course Name	Physical and Play And Activity for Young Children
開課單位	師資培育中心(幼教學程)一A	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	本課程內容主要在介紹幼兒體能與遊戲活動方面的正確觀念，以及各項體能活動的教學方法；本課程目的在培養學生熟悉各項體能活動的教學方法，並建立活動設計與研究的能力。	Objectives	This course is designed to offer students the correct concept of children's physical development and the several teaching styles of children's physical activities. The purpose of this course are to help student being familiar with several teaching styles of physical activities as well as to cultivate student's ability in designing children's physical activities and in its research.
教材	*0-8歲嬰幼兒肢體動作經驗與教學.華騰文化(2006)	Teaching Materials	*Experiences in Movement:Birth to Age 8
成績評量方式	1. 出席率４０％ 2. 教學紀錄２０％ 3. 期中考２０％ 4. 期末考２０％	Grading	1.Attending rate 40% 2.Teaching notes down 20% 3.A high school entrance examination ２０％ 4. Take an exam of 20 at the end of term
教師網頁			
教學內容	＊透過創造性肢體動作課程的介紹進行身體資源探索 ＊藉良好節奏、肢體活動及基本動作技巧訓練，使學生發揮創造力，勇於表現自我 ＊將所學知識及技能運用於學齡前幼兒課程進行 1. 課程及上課方式介紹與分組 2. 報紙遊戲 3. 徒手遊戲(一) 4. 溜溜布遊戲 5. 呼拉圈遊戲 6. 氣球傘遊戲 7. 海棉墊遊戲 8. 律動(一) 9. 期中考試 10. 活動規劃方法與音樂使用技巧 11. 徒手遊戲(二) 12. 曬衣夾遊戲 13. 小布球遊戲 14. 滑板車遊戲 15. 足球與橄欖球遊戲 16. 律動(二) 17. 律動(三) 18. 期末考試	Syllabus	＊Explore body resources through the introduction to movement course of creative limbs ＊By the good rhythm, the limbs activities and the basic movement skill is trained, let students to develop their creative action and display themselves. ＊The knowledge and the skills will be applied to preschool infant's course. 1. Introducing the course and dividing into groups 2. Newspaper game 3. play the game with bare-handed (1) 4. Slip away the cloth game 5. Hula hoop game 6. Umbrella game of the balloon 7. Cushion game of the sponge 8. Rhythm (1) 9. Mid-term examination 10. Plan the method and music using skill in activity 11. play the game with bare-handed (2) 12. The clothes peg game 13. The little cloth ball game 14. Scooter game 15. The soccer and the football game 16. Rhythm (2) 17.Rhythm (3) 18. End-of-term exam

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