

朝陽科技大學 096學年度第1學期教學大綱
Leisure Theory Studies 休閒理論研究

當期課號	7640	Course Number	7640
授課教師	張君如	Instructor	CHANG,CHUN JU
中文課名	休閒理論研究	Course Name	Leisure Theory Studies
開課單位	休閒事業管理系碩士在職專班一A	Department	
修習別	必修	Required/Elective	Required
學分數	3	Credits	3
課程目標	課程介紹休閒遊憩觀光之觀念、理論以及思想；並瞭解其在社區扮演角色與功能性。另外，亦將對休閒遊憩觀光等之管理如何落實於不同休閒產業加以敘述。	Objectives	Concepts, theories, philosophies of leisure, recreation, and tourism. Role and function of delivery system in communities. Management and process of leisure, recreation, and tourism service to diverse leisure industry.
教材	1.Godbey, G. (1999) , Leisure in your life: An exploration (5th Edition). State College, IL: Pennsylvania, Venture Publishing. 2.Jackson, E.L. & Burton, T.L. (1999). Leisure studies: Prospects for the 21st Centure. 3.Kelly, J.R. (1996). Leisure (3rd Edition). Needham Heights: MA, Allyn and Bacon.	Teaching Materials	1.Godbey, G. (1999) , Leisure in your life: An exploration (5th Edition). State College, IL: Pennsylvania, Venture Publishing. 2.Jackson, E.L. & Burton, T.L. (1999). Leisure studies: Prospects for the 21st Centure. 3.Kelly, J.R. (1996). Leisure (3rd Edition). Needham Heights: MA, Allyn and Bacon.
成績評量方式	Attendance(10%) 每章節的重點摘要、問題思考及習題寫作 (30%) Mid-Term Exam (30%) Final Exam (30%)	Grading	Attendance: (10%) assigments (30%) Mid-Term Exam (30%) Final Exam (30%)
教師網頁	數位教材網 : http://163.17.8.246/xms/index.php?reload=1&favoriteMode=2&view=news/list.php		
教學內容	第一週 Introduction & Chapter 1 : 休閒遊憩遊戲與流暢 第二週 Chapter 2 : 休閒的過去與現在 第三週 Chapter 3 : 我們如何利用時間 第四週 Chapter 4 : 休閒涉入 & Leisure Studies: Chapter 10 第五週 Chapter 5 : 工作與休閒 & 莊子的逍遙之道 第六週 Chapter 6 : 休閒上的花費 第七週 Chapter 7 : 聖日假日與紀念日 & Leisure Studies: Chapter 3 第八週 Chapter 8 : 休閒與生命週期 第九週 Midterm 第十週 Chapter 9 : 旅遊與休閒 第十一週 Chapter 10 : 休閒與性愛 第十二週 Chapter 11 : 休閒與教育 & Leisure Studies: Chapter 18 第十三週 Chapter 12 : 休閒與健康生活 第十四週 Chapter 13 : 健康的休閒 第十五週 Chapter 14 : 休閒服務機構 & Leisure Studies: Chapter 20 第十六週 Chapter 15 : 休閒的願景 第十七週 Leisure Studies: Chapter 21 & Summary 第十八週 1/17-22 Final	Syllabus	Introduction & Chapter 1 : leisure, recreation, play and flow Chapter 2:leisure:past and present Chapter 3:what we do with our time Chapter 4: leisure involvement Chapter 5: leisure and work Chapter 6:spending money for leisure Chapter 7:holy days, holidays and celebrations Chapter 8: leisure throughout the cycle of life Chapter 9: traveling to leisure Chapter 10: leisre and sexualit Chapter 11: leisure and education Chapter 12: leisre and healthy lives Chapter 13: healthy leisure Chapter 14: leisure service organizations Chapter 15:the future of leisure

尊重智慧財產權，請勿非法影印。