朝陽科技大學 096學年度第1學期教學大綱
Sports analysis 運動賞析

當期課號	1382	**Course Number**	1382
授課教師	李素箱	**Instructor**	LEE,SU SHIANG
中文課名	運動賞析	**Course Name**	Sports analysis
開課單位	休閒事業管理系(四日)一B	**Department**	
修習別	選修	**Required/Elective**	Elective
學分數	2	**Credits**	2
課程目標	體育運動不僅是國家整體力量的指標，也是提升國民健康重要環節；藉由本課程的介紹與影片欣賞、分析與討論後，除可幫助學生瞭解各項運動休閒的比賽規則與效益外，亦可激發學生藉由參與規律的運動休閒活動來擴展合諧人際關係和增進個體健康。	**Objectives**	Sports are not only the index of overall national power, but also an important part to promote nationals' health; by means of the introduction of the curriculum, the film appreciation, analysis, and discussion, we can help students to understand the competition rules and benefits of all kinds of sports and leisure, as well as inspire students to take part in regular sports and leisure activities to expand the harmonious interpersonal relationship and increase an individual's health.
教材	電腦、影片、體適能檢測儀器一批	**Teaching Materials**	Computer、Movie、fitness tester (a batch)
成績評量方式	期中考30% 期末考30% 平時成績40%	**Grading**	mid-test 30% final-test 30% Ordinary-test 40%
教師網頁			
教學內容	一、 課程介紹 二、 運動內涵釋義 三、 運動休閒現況分析 四、 球類規則講解、影片欣賞與討論 五、 分組報告	**Syllabus**	I. Introduction. II. Sport content interpretation. III. Present condition analysis of sports and leisure. IV. Explanations of rules of ball games, and film appreciation and discussion. V. Group presentation.

尊重智慧財產權，請勿非法影印。