# 朝陽科技大學 095學年度第2學期教學大綱
# Basketball 籃球

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| 當期課號 | 0035 | Course Number | 0035 |
| 授課教師 | 趙國元 | Instructor | , |
| 中文課名 | 籃球 | Course Name | Basketball |
| 開課單位 | 選項體育課群(日) | Department | |
| 修習別 | 選擇必修 | Required/Elective | Sports Elective |
| 學分數 | 0 | Credits | 0 |
| 課程目標 | 一種向自我挑戰的對抗運動。用球向懸在3.05m高的籃框目標進行投中率的活動。以得分多少決定勝負的集體球類運動項目。由於它是空間與地面雙線抗爭性，不僅富有對抗性、拼鬥性、集體性，也富有健身性、娛樂性、趣味性及觀賞性而成爲目前世界最風行的運動項目之一。 | Objectives | Course description: An anti-exercise of self challenge. It is a team activity of shooting the ball into a basket that hanged at 3.05 meters height, the team with more scores wins the game. Since it is a dual-line competition between space and ground, it shows the antagonism, contesting, collectivism, and is also full of health, entertainment, interests and value of watching. Basketball has become one of the most popular sports in the world. |
| 教材 | 哨子、籃球 | Teaching Materials | basket ball、whistle |
| 成績評量方式 | 期中考30%<br>期末考30%<br>平時成績40% | Grading | attendence 40%<br>mid-test 30%<br>final-test 30% |
| 教師網頁 | _ | | |
| 教學內容 | 從傳球到上籃球之練習.戰術之演練<br>比賽規則 | Syllabus | basic fundamental training<br>offence & defence |

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