

朝陽科技大學 095學年度第1學期教學大綱  
New Age Thoughts 新時代思想

當期課號	9063	Course Number	9063
授課教師	周俊煌	Instructor	CHOU,CHUNHUANG HANS
中文課名	新時代思想	Course Name	New Age Thoughts
開課單位	生活智能課群(進)	Department	
修習別	選擇必修	Required/Elective	Topics in Life, Society ,and Science
學分數	2	Credits	2
課程目標	愛、思想、生命和宇宙是根本而奧秘的。宇宙創造的大智慧奧妙地內在一切，在每一個人。每個人都是宇宙中空前絕後、獨一無二的，有無限的自由來玩、選擇、創造自己的當下和未來；來學習、分享愛和人生的美好。	Objectives	An adventure in the fundamental thoughts and practices of New Age. For examples: Love thyself now. Life is a creative adventure, a creative game. Cosmic consciousness. Cosmic play. Conscious universe. The eternal validity of the soul. Rejoyce in your creating your own reality. Creative dreaming. Multidimensional personality. The vitality of the universe is creativity, joy, and vitality of the universe is creativity, joy, and love. Create world peace. The art of living. The living earth.
教材	自編。 Designed by the instructor.	Teaching Materials	
成績評量方式	考試 50% 報告與平時成績 50%	Grading	Examinations 50% Reports and Classroom performance 50%
教師網頁	-		
教學內容	☆ 健康的身·心·靈。提昇生活的品質。 ☆ 在未來多變的世界裡，年輕人要有獨立自主的心靈，而不隨波逐流；了解自己的長處和優點，而自信的適性發展；學習欣賞美的事物，有健康的身心；具備創造思考、批判反省、適應變遷的能力；懂得如何與自己相處，作一個自律而樂觀進取的人。	Syllabus	☆ Toward a healthy body · mind · soul. Elevate the quality of life. ☆ In the lively changing world, young people need to develop independent mind; know oneself: strenth and weakness, plan and develop capabilities; learn to appreciate beauty; have a creative mind, be adaptable; learn how to be oneself, be self disciplinary, and be positive.

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