

朝陽科技大學 095學年度第1學期教學大綱  
Family Dynamic 家庭動力

當期課號	3772	Course Number	3772
授課教師	陳斐虹	Instructor	CHEN,FEI HUNG
中文課名	家庭動力	Course Name	Family Dynamic
開課單位	社會工作系(四進)四A	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	協助學生瞭解家族治療領域的歷史、發展、研究，以及實務介入方式，其中並包括家庭系統理論與家庭生命週期的簡介：文化多元性及其對家庭診斷、治療、研究與訓練的啓示。發展中的治療觀點、價值與介入技術。另類的家庭形態、改變中的性別角色、種族性及社經地位對家庭互動模式的影響。同儕評閱、健保制度與法律責任等專業議題。家族治療的最新流行，包括後現代建構主義、敘說治療、性別敏感家族治療、心理教育家族治療，以及認知家族治療等家庭動力之基本概念。	Objectives	Adopting a family relationship framework. Family development: continuity and change. The Family as a psychosocial system . Origins of family therapy: a historical perspective . The Growth of family therapy: 1950-Present. Psychodynamic approaches to therapy and practice . Experiential/Humanistic approaches to therapy and practice . Bowen's approaches to therapy and practice . The structural approaches to therapy and practice . The communication/Strategic approaches to therapy and practice . The Milan system approaches to therapy and practice . Behavioral/Cognitive approaches to therapy and practice . Early Models and Techniques of family therapy. New directions: Postmodern constructivism . Research on family functioning and therapeutic interventions . Becoming a family therapist: Training and supervision
教材	翁樹澍、王大維譯（民88）。家族治療理論與技術。台北 揚智文化。	Teaching Materials	
成績評量方式	期中考(30%) 期末考(30%) 作業(30%) 出席及參與討論(10%)	Grading	Mid-term exam(30%) Final-term exam(30%) Assignments(30%) Class participation and discussions(10%)
教師網頁	-		
教學內容	協助學生瞭解家族治療領域的歷史、發展、研究，以及實務介入方式，其中並包括家庭系統理論與家庭生命週期的簡介、多元文化及其對家庭診斷、治療、研究與訓練的啓示、發展中的治療觀點、價值與介入技術、改變中的性別角色、種族性及社經地位對家庭互動模式的影響、後現代建構主義、敘說治療、性別敏感家族治療、心理教育家族治療，以及認知家族治療等家庭動力之基本概念	Syllabus	Adopting a family relationship framework. Family development: continuity and change. The Family as a psychosocial system . Origins of family therapy: a historical perspective . The Growth of family therapy: 1950-Present. Psychodynamic approaches to therapy and practice . Experiential/Humanistic approaches to therapy and practice . Bowen's approaches to therapy and practice . The structural approaches to therapy and practice . The communication/Strategic approaches to therapy and practice . The Milan system approaches to therapy and practice . Behavioral/Cognitive approaches to therapy and practice . Early Models and Techniques of family therapy. New directions: Postmodern constructivism . Research on family functioning and therapeutic interventions . Becoming a family therapist: Training and supervision