朝陽科技大學 095學年度第1學期教學大綱
Psychology and Life 心理學與人生

當期課號	0103	Course Number	0103
授課教師	李德材	Instructor	LEE,DER TSAI
中文課名	心理學與人生	Course Name	Psychology and Life
開課單位	生活智能課群(日)	Department	
修習別	選擇必修	Required/Elective	Topics in Life, Society ,and Science
學分數	2	Credits	2
課程目標	本課程爲心理學的入門課程，簡介心理學的基本概念，並要同學透過剪報與心得的撰寫，從生活中發現無所不在的心理學知識・	Objectives	This is a course that introduce psychology. The students would find the knowledge of psychology through the newspaper reading and weekly note writting.
教材	G.COREY著，李茂興譯追求未來與過去-從不知道我還有其他選擇，弘智出版社	Teaching Materials	
成績評量方式	1 期末作業：40% 2 期末考：40% 3 平時成績：20% ：	Grading	1 Final-Writing:40% 2 Final-examination:40% 3 Ordinary Grade:20%
教師網頁			
教學內容	本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合爲背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生面選擇之自主性,並涵育其健全之人格.	Syllabus	This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this currium: By way of the integration of existenalism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life' We expect it would culture pupils personality and exert their autonomy

尊重智慧財產權，請勿非法影印。