

朝陽科技大學 094學年度第2學期教學大綱  
Life Education 生命教育

當期課號	8067	Course Number	8067
授課教師	林建良	Instructor	LIN,CHIEN LIANG
中文課名	生命教育	Course Name	Life Education
開課單位	師資培育中心(中教學程)二A	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	<p>一、學生能認識生命的意義，進而尊重生命、熱愛生命、豐富生命的內涵。</p> <p>二、學生能認識自我，建立自我概念，進而發展潛能，實現自我。</p> <p>三、增進學生人際關係技巧，提昇對人的關懷。</p> <p>四、學生能建立正確人生觀，陶冶健全的人格。</p>	Objectives	<p>1.Students are able to understand the meaning of life, and then they are able to respect and deep love to life, and enrich their life.</p> <p>2.Students are able to aware themselves, and to establish their self-concept, and then they will develop potential and attain self-actualization.</p> <p>3.Students are able to enhance their social skills and concerning others.</p> <p>4.Students are able to establish correct outlook on life, and possess perfect personality.</p>
教材	<p>1.程國選(2005).資優青少年自我傷害防治課程與教學--以生命教育為取向.台北:心理出版社.</p> <p>2.何福田(2001).生命教育論叢.台北:心理出版社.</p> <p>3.傅木龍(2003).生命之探--來去間的智慧.台北:心理出版社.</p>	Teaching Materials	
成績評量方式	平時表現與出席: 40% 期中報告: 30% 期末報告: 30%	Grading	Performance: 40% Midterm Paper: 30% Final Report: 30%
教師網頁	-		
教學內容	<p>一.探討"完整的生活"含蓋著--"愉悅生活", "美好生活", 及"有意義生活". 並藉佛洛伊德(Sigmund Freud)主張之"生的本能"及"死的本能"來引導對生命之重視.</p> <p>二.從認知, 情意, 及技能教學目標中, 學習對生命教育之教學技巧與課程設計,以做未來執教之準備.</p>	Syllabus	<p>1.Try to concern and discuss "The Full Life" that would be including "The Pleasant Life", "The Good Life", and "The Meaningful Life".As Following the Sigmund Freud claimed that the life was included the "Life Instinct" and "Death Instinct".It's time to concern about what life is.</p> <p>2.To learn the life educational teaching skills and class-designing skills from the concepts of cognitive domain, affection domain, and skill domain for preparing the future teaching careers.</p>

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