

**朝陽科技大學 094學年度第1學期教學大綱**  
**Humanistic Thought and Life Growth 人文思想與生命成長**

<b>當期課號</b>	9086	<b>Course Number</b>	9086
<b>授課教師</b>	李德材	<b>Instructor</b>	LEE,DER TSAI
<b>中文課名</b>	人文思想與生命成長	<b>Course Name</b>	Humanistic Thought and Life Growth
<b>開課單位</b>	生活智能課群(進)	<b>Department</b>	
<b>修習別</b>	選擇必修	<b>Required/Elective</b>	Topics in Life, Society ,and Science
<b>學分數</b>	2	<b>Credits</b>	2
<b>課程目標</b>	本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合為背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生面選擇之自主性,並涵育其健全之人格.	<b>Objectives</b>	This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this currium: By way of the integration of existenalism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life" We expect it would culture pupils personality and exert their autonomy.
<b>教材</b>	G.COREY著,李茂興譯追求未來與過去-從不知道我還有其他選擇,弘智出版社	<b>Teaching Materials</b>	
<b>成績評量方式</b>	1 期末作業：40% 2 期末考：40% 3 平時成績：20% :	<b>Grading</b>	1 Final-Writing:40% 2 Final-examination:40% 3 Ordinary Grade:20%
<b>教師網頁</b>	-		
<b>教學內容</b>	本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合為背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生面選擇之自主性,並涵育其健全之人格.	<b>Syllabus</b>	This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this currium: By way of the integration of existenalism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life' We expect it would culture pupils personality and exert their autonomy

尊重智慧財產權，請勿非法影印。