

**朝陽科技大學 094學年度第1學期教學大綱**  
**Interpersonal Relationship and Communication 人際關係與溝通**

當期課號	9074	Course Number	9074
授課教師	林木春	Instructor	LIN,MU CHUN
中文課名	人際關係與溝通	Course Name	Interpersonal Relationship and Communication
開課單位	生活與生涯類(進)	Department	
修習別	選擇必修	Required/Elective	Topics in Career and Social Skills
學分數	2	Credits	2
課程目標	課程目標在於協助學生建立適當的人際關係態度，培養良好的人際溝通能力，學習處理自己的人際問題，進而減少個人困擾，增進社會知識。故課程將介紹關係的形成及其重要性，並探討溝通的技巧，說明人際衝突的處理模式，並分析各種人際關係類型的特質。	Objectives	This class is concerned with the establishment of an adequate interpersonal relationship, the capacity of communication and the resolution of relationship problems. To raise the students to be effective communicators, critical thinkers and problem solvers, self-directed learners, and involved, contributing citizens, we will discuss communication skills, interpersonal conflicts and types of interpersonal relationships.
教材	原著：Joseph A. DeVito 編譯者：洪英正 錢玉芬 學富文化事業有限公司	Teaching Materials	
成績評量方式	期中考 50% 期末考 口頭&書面報告50%	Grading	Mid-term test : 50% End-term exam : oral report & paper 50%
教師網頁	-		
教學內容	<p>人生無時無地不溝通,但達成溝通目的贏家仍屬極少數。有效的溝通包含語言及非語言之要素,特別是我們所面對的溝通對象~「人」有著許多不確定的變數。如何打動對方,敞開其心扉,達成共識,實為一門藝術。本課程將透過溝通理論的探討、與講師二十年實務經驗的交互驗證,配合演練與研討、小組報告,讓同學以輕鬆幽默的方式,來體驗這一門社會科學,並掌握到運用到工作與生活中的關鍵要領。</p> <p>第一章 導論：溝通本質 第二章 溝通中的自我 第三章 知覺 第四章 聆聽 第五章 語言訊息 第六章 非語言訊息 第七章 人際溝通：對話與衝突 第八章 人際關係 第九章 面談/面試 第十章 小團體法 第十一章 成員與領導者在團體中的溝通 第十二章 公開演說之準備(步驟1-6) 第十三章 公開演說之準備(步驟7-10) 第十四章 知識演講 第十五章 具說服力的演說</p>	Syllabus	<p>Communication Theory and Practice</p> <p>Communication in human life has become so important and promising, however, how to effectively communicate either by oral or writing is not an inherent talent, which believably can be trained step by step. People even think that an attractive communication just kind of art. It can't be copied or formulated because man is always changeable. In this course, instructor will follow the textbook as well as give practical case study by two-way interesting method. How to let the students open their minds with happiness and feel humorous in the class is primary task for a qualified teacher. Besides, students will fully use this skill learnt from class into his future work.</p> <p>CHPT1:Introduction of the communication CHPT2:Personal character CHPT3:Consciousness CHPT4:Listening CHPT5:Message of language CHPT6:Non-language message CHPT7:Interpersonal communication: Conversation &amp;Conflict CHPT8:Human relation CHPT9:Interview CHPT10:Small group CHPT11:Communication between members and leader in group CHPT12:How to prepare public speech I CHPT13:How to prepare public</p>

尊重智慧財產權，請勿非法影印。