朝陽科技大學 093學年度第2學期教學大綱
Humanistic Thought and Life Growth 人文思想與生命成長

當期課號	0560	**Course Number**	0560
授課教師	李德材	**Instructor**	LEE,DER TSAI
中文課名	人文思想與生命成長	**Course Name**	Humanistic Thought and Life Growth
開課單位	思想與倫理類(日)	**Department**	
修習別	選擇必修	**Required/Elective**	Topics in Philosophy and Ethics
學分數	2	**Credits**	2
課程目標	本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合爲背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生面選擇之自主性,並涵育其健全之人格.	**Objectives**	This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this currium: By way of the integration of existenalism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life" We expect it would culture pupils personality and exert their autonomy.
教材	G.COREY著，李茂興譯追求未來與過去-從不知道我還有其他選擇，弘智出版社	**Teaching Materials**	
成績評量方式	1 期末作業：40% 2 期末考：40% 3 平時成績：20% ：	**Grading**	1 Final-Writing:40% 2 Final-examination:40% 3 Ordinary Grade:20%
教師網頁			
教學內容	本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合爲背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生面選擇之自主性,並涵育其健全之人格.	**Syllabus**	This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this currium: By way of the integration of existenalism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life' We expect it would culture pupils personality and exert their autonomy

尊重智慧財產權，請勿非法影印。