

朝陽科技大學 093學年度第1學期教學大綱
Psychology of the Youths 青少年發展心理學

當期課號	3501	Course Number	3501
授課教師	李自強	Instructor	LI,TZU CHIANG
中文課名	青少年發展心理學	Course Name	Psychology of the Youths
開課單位	社會工作系(四進)三A	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	本課程之內容包括:青少年之身心發展,青少年常見之議題,以及相關社會工作處遇及方案.	Objectives	The contents of this course include: adolescents' physical and psychological development, common issues in adolescence, and social work services for adolescents.
教材	A.黃俊豪、連廷嘉譯(2004)。青少年心理學。台北：學富文化。 B.王煥琛、柯華葳(1999)。青少年心理學。台北：心理出版社。 C.其他指定閱讀內容由教師視授課進度於課堂發給講義或影印資料。	Teaching Materials	
成績評量方式	1. 期中考20%、期末考30%、平時考試與作業30%、課堂表現10%、出席10%。 2. 點名未到且無假單，每次扣學期總成績一分。	Grading	Mid-Term20%、Final30%、Presentation30%、Participation and Attendance20%。
教師網頁	-		
教學內容	1. 09/25教材介紹、授課內容與成績評量方式說明 2. 10/02青少年的概念、青少年心理學的發展 (B. Ch.1) 3. 10/09社會情境中的青少年 (A. Ch.1) 4. 10/16青少年發展的理論脈絡之一 (A. Ch.2) 5. 10/23青少年發展的理論脈絡之二 (A. Ch.2) 6. 10/30性成熟與身體成長 (A. Ch.3、4 ; B. Ch.2、3) 7. 11/06性的價值觀與行為 (A. Ch.5) 8. 11/13認知的發展 (A. Ch.6 ; B. Ch.4) 9. 11/20期中考 10. 11/27情緒與EQ (B. Ch.5) 11. 12/04智力與訊息處理 (A. Ch.7) 12. 12/11自我概念 (A. Ch.8 ; B. Ch.6) 13. 12/18道德判斷與價值觀 (A. Ch.9 ; B. Ch.7) 14. 12/25同儕與學校 (A. Ch.10、11 ; B. Ch.8) 15. 01/01 Happy New Year ! 16. 01/08青少年與家庭 (A. Ch.12、13) 17. 01/15青少年問題與適應 (A. Ch.15、16 ; B. Ch.10) 18. 01/22期末考	Syllabus	1. 09/25 Introduction 2. 10/02 The concept of Adolescence (B. Ch.1) 3. 10/09 Adolescence during modern society (A. Ch.1) 4. 10/16 The developmental theories of Adolescence, 2-1 (A. Ch.2) 5. 10/23 The developmental theories of Adolescence, 2-2 (A. Ch.2) 6. 10/30 Sexual development (A. Ch.3、4 ; B. Ch.2、3) 7. 11/06 Sexual relevant issues (A. Ch.5) 8. 11/13 Cognitive Development (A. Ch.6 ; B. Ch.4) 9. 11/20 Mid-Term Exam 10. 11/27 Emotion and EQ (B. Ch.5) 11. 12/04 Intelligence (A. Ch.7) 12. 12/11 Self-Concept (A. Ch.8 ; B. Ch.6) 13. 12/18 Moral Development (A. Ch.9 ; B. Ch.7) 14. 12/25 Peer and School (A. Ch.10、11 ; B. Ch.8) 15. 01/01 Happy New Year ! 16. 01/08 Adolescence and family (A. Ch.12、13) 17. 01/15 Deviant Behavior (A. Ch.15、16 ; B. Ch.10) 18. 01/22 Final Exam

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