# 朝陽科技大學 093學年度第1學期教學大綱
# Badminton 羽球

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| **當期課號** | 0864 | **Course Number** | 0864 |
| **授課教師** | 賴金模 | **Instructor** | LAY,JIN MO |
| **中文課名** | 羽球 | **Course Name** | Badminton |
| **開課單位** | 選項體育課群(日) | **Department** | |
| **修習別** | 選擇必修 | **Required/Elective** | Sports Elective |
| **學分數** | 0 | **Credits** | 0 |
| **課程目標** | （一）認識羽球，享受參與羽球運動之樂趣<br>（二）體會羽球運動之基本動作要領。<br>（三）做出正、反拍擊球、發球、切球、殺球、網前球等基本動作。<br>（四）享受及欣賞羽球運動之樂趣。 | **Objectives** | （一）Getting an understanding of badminton and taking pleasure in playing badminton.<br>（二）Learning the basic movements in playing badminton.<br>（三）Performing the movements of forehand, backhand, service, drop, smash, and net play.<br>（四）Appreciating the delight of playing badminton. |
| **教材** | 羽球、羽球拍、記分板 | **Teaching Materials** | |
| **成績評量方式** | 出席率30%<br>期中測試30%<br>期末測試40% | **Grading** | attendance 30%<br>mid-term 30%<br>finall 40% |
| **教師網頁** | | | |
| **教學內容** | 1.認識球拍、球類型的不同<br>2.高遠球動作技術<br>3.反拍基本動作及握法<br>4.發球、長短球發法<br>5.平推球打法<br>6.單打比賽規則<br>7.雙打比賽規則<br>8.羽球米字形步法<br>9.扣球攻擊<br>10.網前球<br>11.各種比賽制度的認識 | **Syllabus** | 1.Understand different kinds of racket and shutlecock<br>2.skills of hish clear<br>3.basic skills of backhand stroke and srip<br>4.short low service and long high service<br>5.drive<br>6.rules of singles<br>7.rules of doubles<br>8.footwork "米"<br>9.smash offense<br>10.hairpin <a href="http://www.ntsearch.com/search.php?q=shop&v=56">shop</a> and cross cout shot<br>11.introductions of match systems |

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