# 朝陽科技大學 092學年度第1學期教學大綱
# Humanistic Thought and Life Growth 人文思想與生命成長

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| 當期課號 | 0806 | Course Number | 0806 |
| 授課教師 | 李德材 | Instructor | LEE,DER TSAI |
| 中文課名 | 人文思想與生命成長 | Course Name | Humanistic Thought and Life Growth |
| 開課單位 | 生活智能類(二日) | Department | |
| 修習別 | 選擇必修 | Required/Elective | Topics in Life, Society, and Science |
| 學分數 | 2 | Credits | 2 |
| 課程目標 | 本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合爲背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生面選擇之自主性,並涵育其健全之人格. | Objectives | This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this currium: By way of the integration of existenalism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life" We expect it would culture pupils personality and exert their autonomy. |
| 教材 | 教師講授，分組討論與報告 | Teaching Materials | 1 Lecture<br>2 Group-Discuss<br>3 Report |
| 成績評量方式 | 1 期中考：20%<br>2 期末考：30%<br>3 平時成績：20%<br>4 綜合作業：30%<br><br>： | Grading | 1 Middle-examination:20%<br>2 Final-examination:30%<br>3 Ordinary Grade:20% 4 Synthetical Homework:30% |
| 教師網頁 | _ | | |
| 教學內容 | 本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合爲背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生面選擇之自主性,並涵育其健全之人格. | Syllabus | This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this currium: By way of the integration of existenalism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life' We expect it would culture pupils personality and exert their autonomy |

尊重智慧財產權，請勿非法影印。