朝陽科技大學 092學年度第1學期教學大綱
Career Planning 生涯規劃

當期課號	0805	Course Number	0805
授課教師	劉麗薇	Instructor	LIU,LI WEI
中文課名	生涯規劃	Course Name	Career Planning
開課單位	生活智能類(二日)	Department	
修習別	選擇必修	Required/Elective	Topics in Life, Society, and Science
學分數	2	Credits	2
課程目標	協助學生瞭解生涯規劃的實質意義,探討生涯中的人生主題,並提供自我探索的機會,使學生瞭解自己的特質及需求,進而建構一個現實與理想兼顧的人生目標,踏實地面對自己的生活並追求自己的夢想	Objectives	To assist students in understanding the meaning of career and career planning and accomplishing their career goals. First, to help students assesment their personality,ablity and values for enhancing self-awareness ,and to discuss the issues of career. Finally, students could have their own dreams and pursue their dreams for the meaning of their life.
教材	講演 分組討論	Teaching Materials	Lecture, Discussion
成績評量方式	出席15% 平時表現20% 分組討論25% 報告40%	Grading	Attandance 15% Class participation 20% group dicussion 25% paper report 40%
教師網頁	_		
教學內容	協助學生瞭解生涯規劃的實質意義,探討生涯中的人生主題,並提供自我探索的機會,使學生瞭解自己的特質及需求,進而建構一個現實與理想兼顧的人生目標,,踏實地面對自己的生活並追求自己的夢想	Syllabus	To assist students in understanding the meaning of career and career planning and accomplishing their career goals. First, to help students assesment their personality,ablity and values for enhancing self-awareness ,and to discuss the issues of career. Finally, students could have their own dreams and pursue their dreams for the meaning of their life.

尊重智慧財產權，請勿非法影印。