朝陽科技大學 092學年度第1學期教學大綱
Career Planning 生涯規劃

當期課號	0656	**Course Number**	0656
授課教師	劉麗薇	**Instructor**	LIU,LI WEI
中文課名	生涯規劃	**Course Name**	Career Planning
開課單位	生活與生涯類(日)	**Department**	
修習別	選擇必修	**Required/Elective**	Topics in Career and Social Skills
學分數	2	**Credits**	2
課程目標	協助學生瞭解生涯規劃的實質意義,探討生涯中的人生主題,並提供自我探索的機會,使學生瞭解自己的特質及需求,進而建構一個現實與理想兼顧的人生目標,踏實地面對自己的生活並追求自己的夢想	**Objectives**	To assist students in understanding the meaning of career and career planning and accomplishing their career goals. First, to help students assesment their personality,ablity and values for enhancing self-awareness ,and to discuss the issues of career. Finally, students could have their own dreams and pursue their dreams for the meaning of their life.
教材	講演 分組討論	**Teaching Materials**	Lecture, Discussion
成績評量方式	出席15% 平時表現20% 分組討論25% 報告40%	**Grading**	Attandance 15% Class participation 20% group dicussion 25% paper report 40%
教師網頁	_		
教學內容	協助學生瞭解生涯規劃的實質意義,探討生涯中的人生主題,並提供自我探索的機會,使學生瞭解自己的特質及需求,進而建構一個現實與理想兼顧的人生目標,,踏實地面對自己的生活並追求自己的夢想	**Syllabus**	To assist students in understanding the meaning of career and career planning and accomplishing their career goals. First, to help students assesment their personality,ablity and values for enhancing self-awareness ,and to discuss the issues of career. Finally, students could have their own dreams and pursue their dreams for the meaning of their life.

尊重智慧財產權，請勿非法影印。