朝陽科技大學 091學年度第2學期教學大綱
Physical Education for Young Children 幼兒體能

當期課號	5016	Course Number	5016
授課教師	梁素嬌	Instructor	LIANG,SU CHIAO
中文課名	幼兒體能	Course Name	Physical Education for Young Children
開課單位	幼兒保育系(四春)三C	Department	
修習別	選修	Required/Elective	Elective
學分數	2	Credits	2
課程目標	本課程將探討幼兒動作發展之理論基礎，並將使學生們得到知識運用於實務指導並有能力設計合適幼兒體能發展之課程。學生們將能夠學習到體能教學技巧，包括：身體變化、動作發展、實務動作指導課程設計及健康評量。	Objectives	The course will explore the fundamentals of physical education for young children, and prepare students with the knowledge and ability to design appropriate physical education curriculum for young children. Students will learn the methods and skills of physical education, including body movement variety, physical and motor development, practical instruction, curriculum design, and health assessment.
教材	傳授及啓發性	Teaching Materials	lecture and inspire
成績評量方式	出席30% 期中考30% 期末考40%	Grading	attendence 30% midterm exam 30% final exam 40%
教師網頁	_		
教學內容	幼兒體能之活動編排	Syllabus	arrange activities of fitness in early childhood

尊重智慧財產權，請勿非法影印。