朝陽科技大學 091學年度第2學期教學大綱
Career Planning 生涯規劃

當期課號	0658	Course Number	0658
授課教師	王爲國	Instructor	WANG,WEI KUO
中文課名	生涯規劃	Course Name	Career Planning
開課單位	生活與生涯類(日)	Department	
修習別	選擇必修	Required/Elective	Topics in Career and Social Skills
學分數	2	Credits	2
課程目標	協助學生瞭解生涯規劃的實質意義,探討生涯中的人生主題,並提供自我探索的機會,使學生瞭解自己的特質及需求,進而建構一個現實與理想兼顧的人生目標,踏實地面對自己的生活並追求自己的夢想	Objectives	To assist students in understanding the meaning of career and career planning and accomplishing their career goals. First, to help students assesment their personality,ablity and values for enhancing self-awareness ,and to discuss the issues of career. Finally, students could have their own dreams and pursue their dreams for the meaning of their life.
教材	講述與討論、影片欣賞、學生心得分享	Teaching Materials	explain and discuss evaluate a movie student presentation
成績評量方式	出席與平時參與討論情形：30% 作業：35% 期末報告：35%	Grading	attending and participating:30% assignments:35% final report:35%
教師網頁			
教學內容	（一）學生能探索自己的價值、能力與興趣，並進一步了解工作世界，以奠立良好生涯規劃的基石。 （二）學生能有效地規劃自己的人生，以達成最佳的生涯發展與充分的自我實現。 （三）學生能培養規劃自己未來的生涯之積極態度。	Syllabus	1.Student could explore their value, ability and interest. 2.Student could plan their life. 3.Student could have a positive attitude for life planning.

尊重智慧財產權，請勿非法影印。