

**朝陽科技大學 091學年度第1學期教學大綱**  
**Humanistic Thought and Life Growth 人文思想與生命成長**

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|--------|--|--------------------|---|
| 當期課號   | 9803   | Course Number      | 9803  |
| 授課教師   | 李德材  | Instructor         | LEE,DER TSAI  |
| 中文課名   | 人文思想與生命成長  | Course Name        | Humanistic Thought and Life Growth  |
| 開課單位   | 生活智能類(二進)  | Department         |   |
| 修習別    | 選擇必修   | Required/Elective  | Topics in Life, Society, and Science  |
| 學分數    | 2  | Credits            | 2   |
| 課程目標   | 本科目屬於個人成長領域之課程,其主要目的在促進學生對自我之了解,激發其生命全方位之潛能;藉由人文思想如存在主義與人本心理學思想之統合為背景,進而落實到身心靈及生活各層面課題之探討,以期促進學生處理生命各層面問題之能力,激發學生面對生命選擇之自主性,並涵育其健全之人格。 | Objectives         | This subject is focused on the topics of individual growth. The promoting of self-understanding and the exerting of impotence is the aims of this currium: By way of the integration of existenalism and human psychology,it would discuss problems of body-mind-spirit and all levels of our life" We expect it would culture pupils personality and exert their autonomy. |
| 教材     |  | Teaching Materials |   |
| 成績評量方式 |  | Grading            |   |
| 教師網頁   | -  |                    |   |
| 教學內容   |  | Syllabus           |   |

尊重智慧財產權，請勿非法影印。